

Special webinar for DHHS funded Sexual Assault Workers

“Trauma therapy with children in the online world!”

This webinar aims to move us beyond technical aspects of transitioning to online therapy, to the ins and outs of continuing to deliver treatment to our younger clients. The focus will be on discussing aspects of continuing both stabilisation and memory processing phases of evidence-based trauma-focused therapy online, predominantly from an EMDR framework, with application to TF-CBT. Considerations for keeping children engaged, and adaptations to standard trauma-focused treatment protocols will be discussed.

Presenter: Dr Sarah Schubert

Sarah Schubert is a clinical psychologist who works in private practice with children, adolescents, and adults with complex mental health presentations. Sarah is published in the area of trauma therapy and ADHD. She has won national and international awards for her research in the area of EMDR therapy and PTSD. Recently Sarah has contributed to the International Society of Traumatic Stress Studies Guidelines on PTSD. Sarah is involved in training other therapists in the area of child, adolescent, and adult treatment for trauma and PTSD. Her current work involves transitioning all aspects of clinical work, consulting, and training to be delivered online!

Date: Wednesday May 13th, 2020

(The session will be recorded and available for the sector for two weeks)

From: 12.00 pm – 2.30pm

(The session will include a ½ hour lunch break)

Online: via the zoom platform

Workshop Objectives

- To be aware of the evidence for online therapy, with insight into what we know and don't know about the effectiveness of working with clients online.
- To know how to prepare clients prior to online appointments to ensure safety, a trusting relationship online, and that sessions are as effective as possible.
- For therapists to feel more confident in their own ability to deliver effective evidence-based treatments online – including moving to safe trauma processing online amidst COVID-19 times.

To register for this workshop - please complete the registration process at tri booking: -

<https://www.trybooking.com/BJMJH>

A zoom link will be sent to you the day prior to the workshop

For more information about this workshop please contact

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