

Essential Foundations *workshop for DHHS funded sexual assault workers:*

'Trauma Informed Diversity Awareness' Conscious inclusion of gender, sexuality and relationship diversity

Presenter: Dragan Zan Wright

Date: February 19th, 2020

From: 9.30am – 4.30pm

At: Queen Victoria Women's Centre
210 Lonsdale St

This workshop explores the wonderful world we find ourselves within, where people are (to name a few): transgendered, cis-gendered, non-binary, agendered, lesbian, gay, straight, bisexual, asexual, pansexual, kinky, polyamorous, monogamous, committed to one but sexual with many... and so much more.

Knowing that people have often been shamed, judged and discriminated against for their identity and/or lifestyle and relational choice, we will intersect this with when a person reaches out as a survivor of sexual assault.

Sexual assault can rupture the very core of one's stability and identity, particularly relating to sexuality, gender and relationship, so we will look at how to best support someone and how to provide a truly aware and inclusive practice.

Workshop Objectives

- gain an understanding of terminology and concepts related to diverse identities and lifestyles
- have the opportunity to self-reflect on one's own spiritual, cultural, familial and social lens, explore how these have shaped values and beliefs, and identify how this helps or hinders inclusive practice
- apply the knowledge using a trauma informed diversity aware approach when supporting survivors of sexual assault

**Morning tea will be provided, participants are asked to provide their own lunch.*

**To register for this workshop please complete the registration process at tri booking
<https://www.trybooking.com/BGUHW>**

Any problems email admin at SECASA secasa@monashhealth.org

For more information about this workshop please contact

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