

**Essential Foundations Workshop: Trauma-focussed therapy working
with children and adolescents who have been sexually assaulted**

Facilitator: Rowena Conroy - Phoenix Australia

Dates: May 14th and 15th 2019

Time: 9:30AM until 4:30PM

At: Queen Victoria Women's Centre
210 Lonsdale St

Workshop Objectives

- Increase familiarity with evidence-based treatments for posttraumatic mental health problems
- Gain confidence in actively involving parents in treatment
- Gain understanding of ways to help children and adolescents, make sense of trauma, address unhelpful beliefs, learn strategies to reduce distress and Addressing complicated grief
- Identify ways children and adolescents can get active and address avoidance
- Gain confidence in working with children and adolescents to process traumatic memories
- Gain an understanding of ways to prevent relapse

**Morning tea will be provided, participants are asked to provide their own lunch.*

To register for this workshop please Fax 99288749

Or email secasa@monashhealth.org

For more information about this workshop please contact

Sarah McGregor, Training Co-ordinator, Statewide Sexual Assault Workforce Development email
sarah.mcgregor@monashhealth.org ph 99288741 Mon- Wed

Registration Slip

Statewide Sexual Assault
Workforce Development

Essential Foundations Workshop Trauma-focussed cognitive therapy
working with children and adolescents

May 14th and 15th, 2019

Name: _____

Agency: _____

Position: _____

Phone

No: _____

Email: _____

Date _____

**Please complete this Registration Slip and return to SECASA
Fax 9928.8749 or**

Email SECASA
secasa@monashhealth.org