

Essential Foundations Workshop Trauma-focussed
therapy working with children and adolescents who
have been sexually assaulted

Presenter: Dr Rowena Conroy - Phoenix Australia

Training for: DDHS funded sexual assault workers

Dates: July 16th and 17th, 2019

Time: 9:30AM until 4:30PM

At: Multicultural Hun 506 Elizabeth St
(Opposite Victoria Market)

Workshop Objectives

- Increase familiarity with evidence-based treatments for posttraumatic mental health problems
 - Gain confidence in actively involving parents in treatment
 - Gain understanding of ways to help children and adolescents, make sense of trauma, address unhelpful beliefs, learn strategies to reduce distress and Addressing complicated grief
 - Identify ways children and adolescents can get active and address avoidance
 - Gain confidence in working with children and adolescents to process traumatic memories
 - Gain an understanding of ways to prevent relapse
- *Morning tea will be provided, participants are asked to provide their own lunch.*

To register for this workshop please complete the registration process at tri booking
<https://www.trybooking.com/BCHNN>

Any problems email admin at SECASA secasa@monashhealth.org

For more information about this workshop please contact
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