



Advanced workshop: *Shame in the treatment of those who have experienced childhood sexual assault*

Presenter: Sheri Zala is a clinical mental health social worker, counsellor and a certified sensorimotor psychotherapist currently in full time private practice. Sheri has previously worked at West CASA and CASA House for many years.

Training For: DHHS funded Sexual Assault Workers

Date: Wednesday October 16th, 2019

From 9:30am – 4:30pm

Venue: Queen Victoria Women's Centre, 210 Lonsdale St.

Workshop Objectives

- Explore common issues in the treatment of shame for sexual assault survivors
- Enhance knowledge of a neurobiological and psycho-sensory-somatic informed approaches to shame
- Practice psycho-sensory-somatic methods to transform shame in the therapeutic context

This workshop will be experiential, didactic and dyadic

Morning tea will be provided, participants will need to provide their own lunch

**To register for this workshop please complete the registration process at tri booking
<https://www.trybooking.com/BCKDB>**

Any problems email admin at SECASA secasa@monashhealth.org

For more information about this workshop please contact
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