



**Advanced workshop** for DHHS funded Sexual Assault Workers:  
**Shame in the treatment of those who have experienced  
childhood sexual assault**

*Presenter: Sheri Zala is a clinical mental health social worker, counsellor and a certified sensorimotor psychotherapist currently in full time private practice. Sheri has previously worked at West CASA and CASA House for many years.*

***Date: Wednesday March 18<sup>th</sup>, 2020***

***From 9:30am – 4:30pm***

***Venue: Queen Victoria Women's Centre, 210 Lonsdale St.***

### **Workshop Objectives**

- Explore common issues in the treatment of shame for sexual assault survivors
- Enhance knowledge of a neurobiological and psycho-sensory-somatic informed approaches to shame
- Practice psycho-sensory-somatic methods to transform shame in the therapeutic context

**This workshop will be experiential, didactic and dyadic**

*Morning tea will be provided, participants will need to provide their own lunch*

**To register for this workshop please complete the registration process at tri booking  
<https://www.trybooking.com/BGMNJ>**

Any problems email admin at SECASA [secasa@monashhealth.org](mailto:secasa@monashhealth.org)

**For more information about this workshop please contact**

Sarah McGregor, Training Co-ordinator,  
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