

**Essential Foundations workshop** for DHHS funded sexual assault workers:

***Providing therapy via video or phone***

***Presenter: Dragan Zan Wright***

***Date: Tuesday May 12<sup>th</sup>, 2020***

***From: 1pm-2.00pm, 1/2 hr break, 2.30-3.30pm***

***On: Zoom***

Due to Covid-19 many of us are having to provide therapy in ways that may challenge and stretch us. This webinar will include effective methods for setting up and providing video and phone sessions and best practice therapeutic approaches.

**Workshop Objectives**

Participants will explore:

- *Pros and cons of providing video and phone therapy - what can and can't we do?*
- *Setting up remote therapy sessions, including creating the therapeutic 'container' for you and your clients and the therapeutic contract*
- *Creating therapeutic connection through a screen or on the phone*
- *Translating 'in the room' tools and modalities to these mediums, including working somatically*
- *Assessment of therapeutic suitability for video and phone sessions*

To register for this workshop please complete the registration process at:  
<https://www.trybooking.com/BJLQD>

Any problems email admin at SECASA [secasa@monashhealth.org](mailto:secasa@monashhealth.org)

**For more information about this workshop please contact**

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