

Advanced workshop for DHHS funded Sexual Assault Workers

Compassion Focused Therapy – for survivors of childhood sexual abuse

Presenter: Lisa Mclean

PHD Candidate University of Queensland

Lisa's is researching the potential benefits of compassion-focused therapy as an intervention for survivors of sexual abuse. She also works part-time as a psychologist in private practice

Date: March 17th, 2020

From: 9.30am – 4.30pm

***at: Queen Victoria Women's Centre
210 Lonsdale St***

Workshop Objectives

- Provide an introduction to the underlying framework of Compassion-Focused Therapy (CFT).
- Identify the skills, attributes, and qualities associated with the cultivation of compassion.
- Provide a rationale for the application of CFT as an intervention for survivors of childhood sexual abuse.
- Identify potential barriers, supporting factors, and therapeutic considerations for the cultivation of compassion with survivors of childhood sexual abuse.
- Experiential practices for the cultivation of compassion.

Advanced workshops are particularly designed for experienced counsellor/advocates and sexual assault support workers.

To register for this workshop - **To register for this workshop please complete the registration process at tri booking:** <https://www.trybooking.com/BGMMW>

Any problems email admin at SECASA secasa@monashhealth.org

****Morning tea will be provided, participants are asked to provide their own lunch.***

For more information about this workshop please contact

Sarah McGregor, Training Co-ordinator,

Statewide Sexual Assault Workforce Development

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