

**Advanced workshop** for Sexual Assault Workers  
**Compassion Focused Therapy – for survivors of  
childhood sexual abuse**

*Lisa Mclean*  
*PHD Candidate University of Queensland*

**Date:** November 21<sup>st</sup> 2018

**From:** 9.30am – 4.30pm

**at:** *Queen Victoria Women's Centre*  
210 Lonsdale St

**Workshop Objectives**

- Provide an introduction to the underlying framework of Compassion-Focused Therapy (CFT).
- Identify the skills, attributes, and qualities associated with the cultivation of compassion.
- Provide a rationale for the application of CFT as an intervention for survivors of childhood sexual abuse.
- Identify potential barriers, supporting factors, and therapeutic considerations for the cultivation of compassion with survivors of childhood sexual abuse.
- Experiential practices for the cultivation of compassion.

*Advanced workshops* are particularly designed for experienced counsellor/advocates and sexual assault support workers.

**To register for this workshop - fax registrations forms to 99288749 or email**  
**[Secasa@monashhealth.org](mailto:Secasa@monashhealth.org)**

**For more information about this workshop please contact**  
Sarah McGregor, Training Co-ordinator,  
Statewide Sexual Assault Workforce Development  
email [sarah.mcgregor@monashhealth.org](mailto:sarah.mcgregor@monashhealth.org) or phone 99288741 Mon- wed



**CASA Forum**  
Victorian Centres Against Sexual Assault Inc

**Advanced workshop** for Sexual Assault Workers  
**Compassion Focused Therapy – for survivors of  
childhood sexual abuse**

**Registration Slip**

**Statewide Sexual Assault  
Workforce Development**

**Advanced workshop**

**November 21<sup>st</sup>, 2018**

Name: \_\_\_\_\_

Agency: \_\_\_\_\_  
Position \_\_\_\_\_

Phone No: \_\_\_\_\_

Email: \_\_\_\_\_

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**Please complete this Registration Slip and return to SECASA  
Fax 9928.8749 or Secasa@monashhealth.org**