



## **What happens when you contact a Centre Against Sexual Assault?**

There are 16 CASAs throughout Victoria, including the Victorian Sexual Assault Crisis Line (after hours telephone service 1800 806 292).

CASAs work to ensure that women, children and men who are victim/survivors of sexual assault have access to comprehensive, timely support and intervention to address their needs. CASAs also work towards the elimination of sexual violence through community and professional education, informing government policy, advocating for law reform and facilitating research to increase community understanding of the nature and incidence of sexual assault.

Integral to the philosophy of services and programs provided by CASAs is the right of the victim/survivor to be believed and treated with respect, dignity and sensitivity.

### **Services provided by Victorian CASAs**

When you contact a Centre Against Sexual Assault you will:

- Be believed;
- Be treated with respect, sensitivity and understanding;
- Be informed of your rights;
- Get information;
- Be in control of your decision making;
- Have privacy and confidentiality.

### **Recent Sexual Assault**

When the sexual assault occurs within the last two weeks, you can be assisted by the Sexual Assault Crisis Line (SACL) 1800 806 292.

Your options are:

- Telephone counselling
- Face-to-face counselling
- Medical examination
- Police statement.

You can have a friend or relative with you to support you.

### **Sexual Assault over two weeks ago**

You can contact the Sexual Assault Crisis Line 1800 806 292. Your options are:

- Telephone counselling
- Face-to-face counselling
- Police statement.

You can have a friend or relative to support you.

### **Why see a counsellor?**

You can talk about the sexual assault.

You can talk about the impact of the sexual abuse, e.g. nightmares, flashbacks, relationship difficulties.

You can explore your legal and compensation options.

The counsellor can assist you in talking to partners, family members, partner or friends.